

Ensure® Pre-Surgery Clear Carbohydrate Drink

BETTER RECOVERY AFTER SURGERY STARTS WITH BETTER NUTRITION BEFORE SURGERY

PRE-SURGERY CARBOHYDRATE-LOADING DRINKS HAVE BEEN SHOWN TO HELP RECOVERY*:



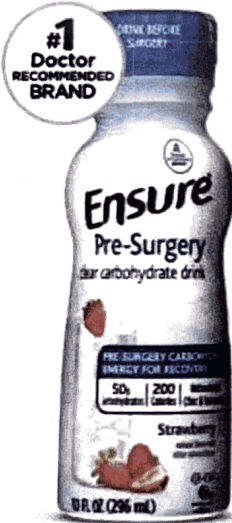
Reduced nausea, vomiting after surgery^{1,2}



Reduced insulin resistance³



Reduced time in the hospital⁴




What is Ensure Pre-Surgery clear carbohydrate drink, and what does it do?

Surgery creates unique nutrition needs for your body. Ensure Pre-Surgery is formulated for those needs with carbohydrates and antioxidants to help your body recover after surgery.

Why is this drink important?

Your healthcare provider has recommended this specialized Ensure® nutrition drink to help your body prepare for, and recover from, surgery. It's important that you follow your doctor's nutrition recommendations to help with recovery.

On the night before and day of your surgery, drink Ensure® Pre-Surgery (as indicated below).

NIGHT BEFORE SURGERY	Night Before ()	DAY OF SURGERY	Up to 3 Hours Before Surgery (1 Full Serving)
<p>No food or drink after midnight. It is ok to have small amounts of water up to 3 hours before to surgery.</p>		 <p>Drink 1 bottle in 5-10 minutes, as directed, up to 3 hours before surgery.</p>	<p>1 ☐</p>

* Among doctors who recommend liquid nutritional products to their patients.

IMPORTANT:

Confirm with your doctor when to stop eating and drinking before surgery. Use the space below for notes.

Notes: